



CHRIST COLLEGE BHOPAL

NAAC Accredited, A-Grade
(A CMI Institution)

CHRIST LINK

CHRIST COLLEGE
NEWS LETTER

JUNE 2020



Principal's Message

We are passing through a very tough and unpredictable phase in our life. COVID -19 has changed substantially the way we live. Challenges come to us to make us better not bitter. If we do not challenge ourselves, we will never realize what we can do and become. Be thankful for each new challenge because it will build our strength and character. Challenges can make us or break us. Do not run away from a challenge, instead run towards it. Every challenge opens up a new opportunity. Higher education faces many possibilities and challenges during the 'social distancing' period.

Virtual classrooms have already become a popular reality. COVID-19 has forced universities across India and the world to suspend physical classrooms and shift to online classes. The digital divide has been further widening the gap. Post-pandemic times will see a blend of e-learning and face-to-face teaching. The structure of schooling and learning, including teaching and assessment methodologies, was the first to be affected by these closures.

In the wake of this challenging scenario, Christ College, Bhopal is ready to equip you to 'swim against the current'. Our specific vision of the college is inscribed on the motto: "Excellence and Empowerment". Christ College envisages to form the future educators, teachers and citizens who are intellectually competent, spiritually mature, morally upright and socially acceptable. We will challenge the challenging world and will build the Kingdom of God.

Rev. Dr. Johnson S.V.
Principal



Director's Message

We live in one of the worst times ever! This time will go down into the annals of history with the nick name "COVID days" as the deadly virus Corona has a final say in almost every aspect of life under the sun. Whether politics, economy, education, tourism, family, society, health sector, it seems that all these are strictly under the noose of this deadly virus. Days are as bleak as nights and nights are darker. Every one is eagerly looking for a ray of hope as to when this virus will fizzle out on its own or when there will be an effective vaccine against it.

One of the strategies to break the transmission of this deadly virus is an imposed lockdown in most of the countries. The solitude of lockdown has become so intense and scary that some took to extreme steps like committing suicide. Professionals and students alike have been the victims of this unwelcome tendency.

We must realise that humanity has this great potential to recover from any tragic sequence imposed on it. I am reminded of the little girl Anne Frank who was killed during the Nazi regime as part of their anti-Jewish campaign. Written while living on a roof top for two long years in an imposed lockdown before they were taken to the concentration camps, her autobiography "The Diary of a Young Girl" shows how cheerful and innovative she remained during those days of apprehension and anguish.

Dear students, I wish these COVID lockdown days shall be cheerful and innovative for each one of you. The ample quality time at your disposal shall be effectively used to discover yourself.

Stay Safe! Stay Tuned! Stay Blessed!

Rev. Dr. Joby Pulikkan
Director

From the Annals of Christ College, Bhopal

New Academic Year

Academic year 2019 – 2020 was inaugurated on 1st July 2019 with new vigour and vitality.

Dr. Fr. Joby Pulikkan's entry to Christ College as the Director has given new vibrancy in the academic activities. B.A. and B. Com. departments were added to the existing streams to raise Christ College to new heights.

Induction Meet

New sessions of the academic year commenced with an induction meet and orientation program, 'Campus Compass'. Resource person of the day, Ms Archana Chakravarthy, Principal, Delta 1 Coaching & OD Consulting, Bengaluru, motivated the staff and students to achieve success in every walk of life.

Coaching For Competitive Exams

Reading the signs of time, Christ College initiated a training program to prepare our students to appear for various competitive exams, as part of their curriculum. Mr. Adarsh Roshan and Mr. Prashant S., professional trainers of a coaching centre were the resource persons. They prepared the students with the kind of training given at top coaching centres.

'The Bharat Raksha Rath'

On 5th August 2019 'The Bharat Raksha Rath' was flagged off from Christ College, Bhopal. It was an innovative program to extend our gratitude to the soldiers of the country on the borders and to express the bond between civilians and our brave soldiers.

Outreach program

Christ College staff organized a one-day training session on 'life skills' for St. Paul's School, Bhopal on 10th August 2019. Another training program was organized on 7th September at Christ School, Guna. Rev. Dr. Joby Pullikan, Dr. Pallavi Shrivastava and Ms. Jaya Saini were the resource persons.

73rd Independence Day Celebration

On the occasion of the 73rd Independence Day, the students performed a colourful cultural program. Staff and students enthusiastically participated in the event. Rev. Dr. Johnson, Principal gave the message of the day.

Director's Birthday Celebration

Rev. Dr. Joby's birthday was celebrated very suitably on 3rd September with colourful events. Rev. Dr. James ML, staff and students appreciated his versatile abilities. The college administration appreciated his leadership and guidance.



Investiture Ceremony

To encourage students' participation in the administration of the college, Ms. Arman Nisha Ansari, Mr. Sahil Tiwari, Ms. Lairre Lakra and Fr. Rony were elected class representatives on 5th September 2019. The college cabinet was sworn in at the Investiture Ceremony.

Teachers' Day

Teachers' Day was celebrated on 5th September 2019 as an expression of devotion and respect to the Guru. Students put up a colourful program and presented gifts to teachers to express gratitude and respect.

From the Annals of Christ College, Bhopal

'One Student One Tree'

To save Mother Earth, Christ College, Bhopal organized a plantation drive on 13th August. Dr. Fr. James ML gave an orientation talk and asked the students to love and care for the mother earth and save her from an untimely death.

Workshop on Personality Development

A workshop on Personality and Professional Growth was organized on 7th September 2019. Mr. Dinesh Jhariya, the resource person gave many practical tips to our students for Personality Development.

Onam Celebration

To encourage solidarity and equality among students and staff, Onam festival was celebrated on 11th September 2019. On the occasion the Principal greeted students and staffs with peace, prosperity and happiness. A movie clip showcasing the importance of Onam was shown. The celebration concluded with the treat of payasam.

Hindi Diwas on 14th September

On the occasion of Hindi Diwas the Principal explained the relevance of the day and asked the students to learn and use the language well. An essay and slogan writing competition was organized with an objective to highlight the importance of Hindi.

Swachh Bharat Abhyan

To create awareness on SWACHH BHARAT, the Principal and staff of the college initiated a cleaning ABHIYAN on 21st September 2019 at Rajiv Gandhi Nagar, Ayodhya By-Pass, Bhopal.

National Symposium on 'Micro Teaching Skills'

A Symposium on 'Micro Teaching Skills for Effective Teaching' was organized in association with the Society for Research in Education & Extension (SREE). 97 teachers and students from 10 educational institutions of M.P. participated.

Gandhi Jayanti Celebration

Mr. Dayaram Namdev, Secretary of the Gandhi Bhavan was the Chief Guest at the celebration. On the occasion our students staged mimes, patriotic songs and skits.

Fit India Plogging Run On Gandhi Jayanti

Christ College also participated in the new initiative of the Honourable Prime Minister, picking up litter (plastic) while jogging on Gandhi Jayanti Day.

Beyond Curriculum

As part of the NAAC Criteria, input sessions, 'Beyond Curriculum', were organized to enrich syllabus under the leadership of Dr. Pallavi Shrivastava.

Blessing of the New Christ College Building on 24th October 2019

CMI Bhavan, Padariya was renovated according to the norms of UGC to relocate Christ College, Bhopal.

Fr. Justin, Provincial with his councillors in the presence of the neighbouring religious communities and well-wishers blessed the renovated building and dedicated it to Jesus Christ on 24th October 2019.



Blessing Ceremony of the New Christ College Building

Study Tour

A study tour was arranged on 14th November 2019 to Crescent, Bhopal to enhance studiousness and creativity of the students.

From the Annals of Christ College, Bhopal

Induction Program-IGNOU B. Ed.

Christ College, the IGNOU Study Centre, organized an Induction Meeting to introduce the B. Ed. Course to 2019- 2021 batch, where Dr.S. R. Nayak, Asst.Reg. IGNOU Director and Mr. Murseniya were the resource persons.

Faculty Development Program (FDP)

The college staff attended FDP program at SIRT Bhopal on 30th November 2019. Prof. Amitabh Kodwani from IIM Indore was the resource person of the day.

Three Credits Spoken English Course

Christ College offered a 3 credits, 90 hours, Spoken English Course to MMB candidates, Bhopal.

Dr. Pallavi, Ms. Jaya and Ms. Pooja conducted the course.

Entrepreneurship Lecture Series

Reading the signs of time, Christ College initiated Entrepreneurship Lecture Series to make our students self-reliant, in November 2019. Mr. Prashant K Shrivastava, the resource person enumerated ways and means to become good entrepreneurs.

Faculty Development Program (FDP) on EDMODO and Google Classroom

To equip our staff with ICT Skills, an FDP was organized on 13th December 2019.

Dr.Diwakar Singh and Mr. Adarsh Roshan were the resource persons to introduce ICT



Carving Interpersonal Skills- FDP Program

The College teaching staff attended an FDP program at Anand Vihar College, Bhopal to 'cultivate skills', on 14th and 15th December 2019.

Competitions

Christ College organized Greeting Card Making Competition, Wreath Making Competition and Crib Making Competition on 17th, 18th and 20th December respectively. All B. Ed., B.A. and B. Com. students actively participated in the competition.

Workshop on Gender Issues and Sensitization

A one-day workshop was organized on Gender Issues on 18th December, where Ms. Yashasvi Kumud from JNU Delhi was the resource person. She highlighted gender issues and legal codes and guided discussions on related topics.

Christmas Celebration on 22nd December

We Celebrated Christmas on 22nd December 2019. Mrs. RaniPal, Principal, Government School, Padariya was the chief guest of the day. On the occasion the students put up a cultural program with carols, skits, exchange of gifts and Christmas Greetings.



Rev. Dr. Johnson honoured by Brahmakumaris



The Principal, Christ College was honoured by the Brahmakumaris organization, M.P. region for his contributions in the field of Education. He was felicitated on 15th March 2020.

Book Release

Environmental Education and Eco Friendly Behaviour



A text book on Environmental Education and Eco Friendly Behaviour, authored by Dr. Pallavi Shrivastava was released on 20th March 2020.

Dwand 2020

On 14th of February 2020, Vichitra Kumar Sinha Smriti Samhiti, organized Dwand '20, an Annual Debating Championship, on the topic Constitutional Amendment Vs People's Mandate, in which the students of Christ College came out with flying colors, and Royce Paul, a student of B.A. I-Year, secured the II position. The other participants from the college included Mr. Sahil Tiwari, Ms. Rupali Yadav and Ms. Pooja Jain. Dr. Pallavi Shrivastava was the teacher in charge. The event took place at MP State Museum, Bhopal. Students from various states participated in the event. The competition is held every year to mark the birth anniversary of the late freedom fighter, Shri. Vichitra Kumar Sinha. Mr. Digvijay Singh, the former Chief Minister of MP gave away mementos and certificates to the winners and the participants.

Republic Day Program



Workshop On Stress Management

A workshop on Stress Management was organized on 21 January 2020. The speaker on the occasion was Mr. Ritu Kant Sinha, a President's award recipient from M.P. Police. The participants included students from various nearby schools, students of B.A., B.Com., B.Ed., M.Ed. and the teaching and non teaching staff of the schools and our college. The objective of the workshop was to help students and teachers manage academic and non academic stress and to adopt various measures and precautions to deal with stress. The program coordinator was Dr. Pallavi Shrivastava. At the end of the session the guest was felicitated with a memento.

DWAND 2020

Mr. Royce Paul Winning Second Position in Inter College Competition.



Republic Day

On 26th January 2020, Christ College celebrated the joy of India being a Republic. Dance performances, Solo and Group Songs and Speeches were presented by the students brimming with the feeling of patriotism. The colourful event was graced by the esteemed presence of Shri Kishan Lalji, the Janpad of Gram Padariya. The coordinator of the event was Ms. Arman Nisha. The event wound up with distribution of sweets and with the motivational words of the Director and the Principal of the College.

Workshop on Stress Management By Mr. Ritu Kant Sinha



Enhancing Language Efficiency



Enhancing Language Efficiency

With a view to developing efficiency in English language special classes were organized from 9th December 2019 till 29th February 2020 for students from near by community .The classes were taken by Ms. Jaya Saini, Ms. Pooja Srivastava and Dr. Pallavi Shrivastava. The four important areas highlighted during the classes were Grammar, Speaking, Reading and Writing comprehension.

Indoor and Outdoor Games

Special Training Session on Outdoor Sports

A special training session on various kinds of outdoor sports was organized for the students of B.A., B.Com. and B.Ed. The various forms of sports for which training was given included badminton, football, volleyball, kabaddi, table tennis and kho kho .The classes were organized three days a week. The objective of the training program was to teach the skills of playing outdoor sports. The training sessions were guided by expert trainer Mr.Damodar Sakwa.



Art and Craft Workshop



Art and Craft Workshop

A two week art and craft workshop was organized by Christ College. The art and craft trainer was Mrs. Rony V Joy. The workshop was organized in the 2nd and 3rd week of February 2020.The objective of the workshop was to develop the aesthetic and creative skills in students. In the session drawing, sketching ,painting, rangoli making, puppetry, mask making, pot making etc were taught. Students prepared and submitted a file on the same.

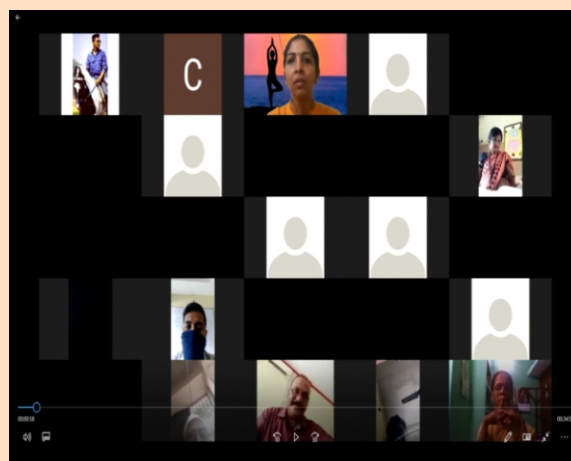
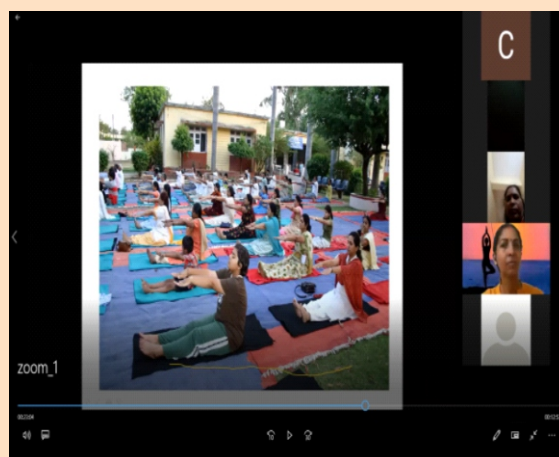
Online National Workshop on Yoga

Yoga is an ancient physical, mental and spiritual practice that originated in India. The word 'yoga' derives from Sanskrit and means to join or to unite, symbolizing the union of body and consciousness. Every year, June 21 is recognised as International Yoga Day but due to social distancing measures adopted by most countries, the theme set by United Nations for this year is “Yoga for Health – Yoga at Home”. The World Health Organization mentions yoga as a means to improve health in its Global Action Plan on Physical Activity 2018–2030: more active people for a healthier world.

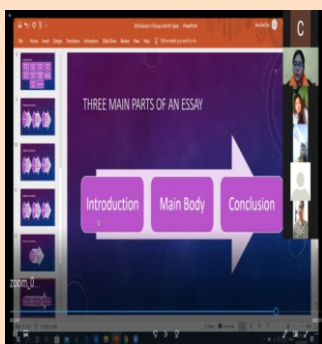
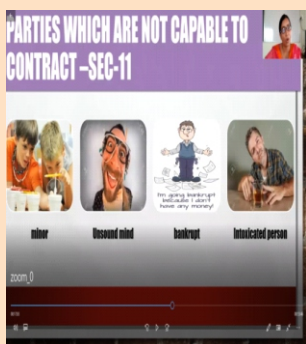
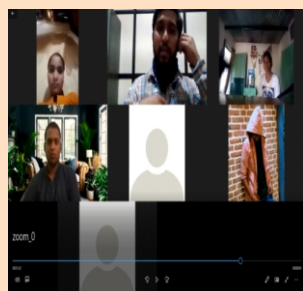
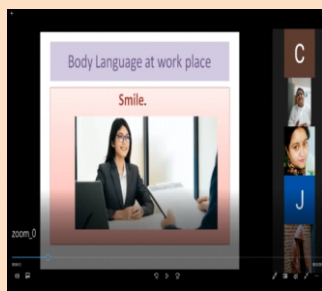
In lieu of this Christ College organized an online National workshop on Yoga on 24, 25 and 26 June 2020. The online session was attended by more than 100 participants from various schools, colleges and universities across the country. The resource person of the workshop was Ms. Pratibha Prasad Yadav, a professional yoga consultant. The theme of the workshop was 'Yoga at Home; Yoga with Family'.

The objective of the workshop was to teach yoga for a healthier life and to prepare people to fight against COVID-19.

Online National Workshop on Yoga



Teachers Conducting Virtual Lecture Series



Virtual Lecture Series

The lockdown 2020 due to the widespread of Corona forced closedown of schools and colleges through out the world . In India it began on 21st March 2020. But due to the boon of technology it was decided throughout the world to provide education with the help of internet. In lieu of this Christ College organized academic as well as non academic online lectures for students of all streams. The lectures began on 4th May 2020 in which students from all the departments participated . Then there were series of lectures exclusively for each subject. The series still continues as on schedule.

The objective of these online lectures was to provide uninterrupted education to students during lockdown, to teach new content, revise the old ones and to create a new learning environment.

**IGNOU- Dr. Diwakar Singh And Dr. Pallavi Shrivastava Being Felicated On Convocation
By Vice Chancellor of Barkatullah University,
Prof. R. J. Rao
in the gracious presence of Rev. Dr. Johnson**



**Ms. Yashasvi Kumud Conducting
A Workshop on Gender Issues And Sensitization**



Corona Awareness Program

As the pandemic COVID-19 attacked the world the need for masks and sanitizers increased drastically and because of the heavy demand the producers could not satisfy the need of the masses. Students of Christ College, Bhopal realizing the need of the hour started making masks for the needy. The masks made were then distributed to the public. The objective of the activity was to spread awareness about the ways to protect oneself during COVID-19.

Corona Awareness Program (Mask Making and Distribution)



Online Collage Selfie Competition



Online Collage Selfie Competition

Christ College organized an online Collage Selfie competition, as students were not able to come to college due to COVID 19 lockdown. Students must make efforts to nurture, conserve and protect Mother Nature and must develop Eco Friendly behaviour. This competition was intended to boost the personal efforts of students in this direction.

In the competition students submitted a collage of 5 pictures showing the efforts that students are making towards conservation and protection of environment and the changes they have incorporated in their daily lives for healing the environment. 20 students participated in the competition. The event was judged by Ms. Rony Joy, Dr. Ansi and Dr. Pallavi Shrivastava. The first prize of the competition was won by Ms. Prachi Sahu. Ms. Prachi in her collage showed 5 different activities which included planting a tree, making organic manure, making an eco friendly sanitizer with no alcohol, stitching bags out of old clothes to replace plastic and finally she showcased the cleaning work that she has been doing under 'Swachh Bharat Abhiyan'.

Mock Viva

Mock viva-voce for the subjects Understanding of ICT and Functional English was organized on 7th March 2020 with the objective of preparing students for upcoming final practicals of B.Ed. 4th semester and B.A. 1st year students respectively.

Students' Participating in Mock Viva



Social Outreach Program

Special classes on English were organized for the 12th class students of nearby schools. The classes were attended by 20 students from the Sanskar Valley school and Government school, Padariya. In the classes the students were taught basic grammar, reading, writing and speaking. The classes began in February and lasted till March. The classes were taken by Fr. Dr. Joby, Ms. Jaya Saini and Dr. Pallavi Shrivastava. The objective of this social outreach program was to teach English language to the Hindi medium students of nearby schools, also to help them understand the syllabus of English and help them prepare for the upcoming Board Exams.



Social Outreach Program

Welcome to Rev. Fr. Dominic



Welcome Rev. Fr. Dominic Nattunilath CMI

Rev. Fr. Dominic Nattunilath CMI joined Christ College in January 2020, giving new vitality to the college administration. After long service as teacher and principal in rural and urban schools, Fr. Dominic is serving Christ College in different capacities.

School Visit – Orientation Cum Counselling Program

Teachers of Christ College visited various schools of Bhopal and Raisen in the months of February and March. The objective of the program was to orient the students to the courses and facilities offered at Christ College, Bhopal. Various on the spot awareness programs and quizzes were organized and prizes were distributed to the students. Also announcement for Inter school dance competition and special training program in Computers and Spoken English was made. Students and staff of these schools were then invited to visit the College for further guidance.

Prof. Fr. Johnson Distributing Prizes During a School Visit



Remedial Classes

Remedial classes were organized for the students of B.Ed., and M.Ed. The classes were held in the month of March. The objective of the remedial classes was to academically help students to learn all the concepts which either they somehow missed to attend or did not understand and also to prepare students for the upcoming exams. The classes were attended by:

- B.Ed. 30 students participated from second Semester And 40 students participated from fourth semester
- From M.Ed. 8 students participated.

The success of the remedial classes was seen from the evaluation done by the subject teachers.

An Online Birthday Celebration !



**We are Digitally Connected
and Cordially United !**

Remedial Classes



Principal's Birthday

On 9th of July 2020 the staff and students of Christ College celebrated Rev. Dr. Johnson's Birthday. A virtual birthday celebration was organized by the students under the leadership of Ms. Pooja Jain, student of B.Ed. II Semester and Mr. Royce Paul, student of B.A. I year. Though there was COVID-19 lockdown, it did not stop the enthusiasm and the zeal of students. They expressed their affection and respect towards their beloved Principal through messages, songs and dance which they performed online on Zoom. The program began with a prayer. Students were online but the staff members did assemble in the college to greet Father. The Director, Dr. Fr. Joby; Manager, Dr. Fr. James, and Fr. Dominic gave blissful messages. Teacher in charge of the celebration recited a poem to express happiness and gratitude. After Cake cutting the program concluded with Father Johnson's message where he expressed his gratitude and showered his blessings.

The Principal's Birthday Celebration



In Pursuit of Excellence.....



Faculty Development Program organized by Sagar Group of Institutions, Bhopal and Jaipuria Institute, Indore.

Students' Articles



CORONA VIRUS AND SOCIAL SENSITIVITY

This year has been full of challenges for everyone, on some level or the other. We are in the current state of a massive set back caused by the devastating Corona virus. The Corona virus has resulted in countless changes in daily life with schools being closed, travel being upended, vulnerable economic conditions and sporting events being cancelled or postponed.

I believe that this year especially calls for us to be united and helpful and this is not the time to pull each other down. I see the online community being hurtful to each other bringing each other down harshly and with quick judgements. Today if you take a glance at social media and instagram and such, the first things that stream on your phone are memes and humorous jokes about Covid-19. Next, we also see people bullying each other on social platforms. I do not find any reason behind these unwelcome pranks played on all and sundry.

What we need is more of sensitivity towards each other, more of kindness and more of understanding and more patience than what one sees today.

My presence online is limited, but I truly hope it all will evolve into a place of empathy and support for everyone, no matter what your cause of hate is.

Ms. Lairee Lakra



IMPACT OF COVID-19 ON EDUCATION SYSTEM

Covid-19 which is a new virus and very destructive and devastating in nature and worse than a nuclear attack, has not only affected us physically, mentally and economically but the whole education system has also gone for a toss.

Due to Covid-19 government has initiated online teaching and learning for all students as we have to stay indoors and maintain social distancing but it has struck specially those underprivileged children who cannot afford to pay internet bills and buy costly gadgets like laptops and mobiles to attend virtual classes. It has really brought disappointment to those families as well.

Schools and colleges are running short of funds to pay their staff or faculty as many people have lost their jobs and are paid less due to which they are not able to pay their children's fees.

It has put undue pressure on the whole education system as they are in dilemma whether to conduct exams or not and how it should be conducted because we cannot put our future generation's lives at risk.

Students who have really worked hard for their board examinations are dealt with injustice. Their hard work is not rewarded properly.

Government should provide funds to schools and universities and also make online education free for underprivileged children. We do not know how long we will have to live in this situation, but we have to prepare ourselves as responsible students, parents, teachers and school management for this kind of situation and save our education system so that there should not be any barrier for any student to avail education and no teacher should suffer financial crisis.

We believe that there is a solution to every problem and this time will also pass and everything will be restored to normalcy.

Ms. Priyanka Sankalp Pandey



COVID-19 TIPS TO BOOST YOUR MENTAL HEALTH

Pandemics are not just medical phenomena; they affect individuals and society on many levels, causing disruptions. Fear and anxiety about the new disease and what would happen next can be overwhelming, and cause strong emotions in adults and children. Public health measures, such as social distancing, can also make people feel isolated and lonely and can increase stress and anxiety. However, these actions are necessary to reduce the spread of COVID-19. Coping with stress in a healthy way will make you, the people you care about and your community stronger.

Healthy ways to cope with stress and anxiety

- Know what to do if you are sick and are concerned about COVID-19. Contact a health care professional before you start any self-treatment for COVID-19.
- Knowing the facts about COVID-19 and stopping the spread of rumors can help reduce stress and stigma.
- Know where and how to get treatment and other support services and resources, including counseling or therapy
- Taking care of your emotional health will help you think clearly and react to the urgent needs to protect yourself and your family.
- Take breaks from watching TV, reading, or listening to blah news stories, including those on social media.
- Take care of your body.
- Take deep breath, stretch, or do meditation
- Try to eat healthy, well-balanced meals.
- Exercise regularly, engage in recreational games.
- Get plenty of sleep.
- Avoid excessive alcohol and drug use.
- Take time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.
- Connect with your community or faith-based organizations. While social distancing measures are in place, consider connecting online, through social media, or by phone or mail.
- Stay healthy, your positive attitude and disposition are very important.

Fr. Rony Alex



Impact of COVID-19 on Education System

In an effort to contain the spread of Covid-19 all educational institutions, from nursery schools to universities, are shut down in India from the second week of March. This impacted the Indian education system greatly, leading to a transition of learning to online platforms and the use of technology as a means to extended education to all.

Although online education cannot replace classroom education due to the personalized nature of attention and face to face interactions, it can be an effective supplement to the brick and mortar model of education. However, certain challenges need to be addressed to bring online education into the mainstream in India. Firstly, uninterrupted access to the internet is yet to become a reality in remote areas. Moreover, the concerns of increased screen time, anxiety and stress triggered due to the continuous use of electronic device also need to be addressed. It is important to look at the impact and reflect on what has transpired and what is likely to happen as we move forward in the field of global education.

There are a number of areas of potential risks for global education. One of the major concerns is the sudden shift to online learning without any planning, especially in countries like India where the backbone for online learning was not ready and the curriculum was not designed for such a format. It has created the risk of most of our students becoming passive learners and they seem to be losing interest due to low level of attention. Online learning is a special kind of methodology and not all teachers are good at it or at least not all of them are ready for this sudden transition from face to face learning to online learning.

We cannot ignore that at this time of crisis an effective educational practice is needed for the capacity building of young minds. This is not the time to wait and let the tide pass, but to rise and re-engineer the education sector to benefit all the stakeholders. Time never waits; this tough time will also pass, till then stay safe, stay home, stay protected.

Ms. Pooja Jain



THE NEW WORLD AFTER CORONA

The Corona Pandemic has become a historic epidemic affecting human beings and their lifestyle on such a large scale. Since March 2020 in India and different months and dates in other nations on the calendar, lifestyle has changed to a great extent which is called the “New Normal” now. Trade and business are restarted to stabilise country's economy. Now those who stay outside for most of their time follow precautions like wearing a mask, social distancing, frequent handwashing, etc. Truly no one ever imagined that we, the all-powerful Homo Sapiens would adopt such a restricted lifestyle. Staying at home is being practiced everywhere except where physical presence is vital like in hospitals and shops. School Education system has been by far the most disadvantaged area, where students practically require classroom lessons and frequent tests which unfortunately are left at the mercy of fluctuating internet connection and unnecessary parental intervention during ongoing classes. This problem is being addressed through ideas of blended education i.e., a mixture of online and offline mode teaching, but that is for distant future. It is matter of great appreciation both for the government and the citizens who efficiently manage the crisis extremely well; hence the future holds hope of normalization. New methodologies and brighter prospects in every human endeavour will evolve eventually.

Ms. Rebekah Varghese



COVID 19 एक चुनौती

कोविद -19 महामारी ने लोगों के सोचने, समझने और काम करने के तरीके में बहुत बड़ा बदलाव किया है। हर काम लोगों के जीवन में एक चुनौती बन गया है। हमें इस बात की अनुभूति होना सबसे ज्यादा जरूरी है कि COVID -19 आज दुनिया के विकसित देशों में तेजी से फैल चुका है।

देश की अर्थव्यवस्था हो या शिक्षा संस्थान, खेल जगत की दुनिया हो या मनोरंजन के माध्यम, पर्यटक स्थल हो या मंदिर, COVID -19 ने सब कुछ अस्त-व्यस्त कर दिया है। महामारी कोरोना में वैसे तो सभी को चुनौतियों का सामना करना पड़ा। पुलिस, डॉक्टर एवं नर्स की भूमिकाएँ बेहद अहम हो गईं, सही मायने में चुनौतियों का सामना इन लोगों ने ही अधिक किया है। पुलिस अधिकारियों और महिला डॉक्टरों ने वैश्विक महामारी के खिलाफ समाज की जंग में अपनी भूमिका से पीछे न हटने का फैसला कर एक मिसाल कायम की है।

पुलिस शहर में यातायात ड्यूटी में व्यस्त हैं, जहाँ उनको काम बंदी के नियमों का उल्लंघन करने वाले वाहनों की जाँच करना है और जरूरतमंदों को भोजन के पैकेट वितरित करना और अपने ही परिवार को स्वस्थ रखने के लिए उनसे दूर रहना है। बंद के नियम प्रभावी रहने के दौरान डॉक्टर भी पास में स्थित सरकारी स्वास्थ्य केंद्र में मरीजों की जाँच करने में व्यस्त हैं। उन्होंने अपने जीवन को महत्व न देकर अपने कर्तव्य का पालन कर महत्वपूर्ण योगदान दिया है। इसमें शिक्षक भी पीछे नहीं रहे उन्होंने भी बच्चों को पढ़ाई एवं किताबों से दूर नहीं होने दिया है उन्होंने भी उस परिस्थिति में सामान्य एकत्रित कर उन्हें व्यस्त रखने की भूमिका पूर्णतः निभाई है।

Ms. Alpana Minj



A PHOTOGRAPHIC MONTAGE OF 2019-2020 OF CHRIST COLLEGE, BHOPAL

